

2-MONTH USMLE STEP 1 + COMLEX LEVEL 1 SAMPLE SCHEDULE

Thanks for downloading our sample schedule! We don't suggest this is the ultimate schedule, but we offer it a starting point for your plan. Remember, everyone learns differently, and you will need to adjust your plan for your weak areas, if you fall behind, need catch-up days, etc.

Ultimately, we recommend using a personalized, flexible, and easily managed daily study plan like what Cram Fighter offers, to ensure you cover all the Step 1 exam material you need to. Access a 7-day FREE trial of the Cram Fighter study schedule planner at www.cramfighter.com. Good luck!

Day	Event	Subjects	Pathoma tasks	Sketchy/Micro tasks	First Aid (2018) Tasks	OMT Review (4e) tasks	Pages	Lecture length	UWorld questi	COMBANK questions	Book Study Hours	Lecture Study Hours	QBANK Study Hours
1		Pathology - Gei	1.1 Growth Adaptations, 1.2 1.1 Staph aureus, 1.2 Staph ep	Pathology pp. 205-226, Bic			30	2 hours	40		4	3	3
2		Biochem, Cell E	1.3 Cell Death (Part 2 of 2), 1.3 Strep. pyogenes (Group A	Biochemistry pp. 42-71			30	2 hours	40		4	3	3
3		Biochem, Cell Bi	2.1 Acute Inflammation Part 1.5 Strep. pneumoniae/Strep v	Biochemistry pp. 72-94, Mi			29	2 hours	40		4	3	3
4		Microbiology, P	2.5 Wound Healing (Part 2 c 2.1 Bacillus anthracis and Baci	Microbiology pp. 130-158			29	2 hours	40		4	3	3
5		Microbiology, P	3.2 Carcinogenesis Part 3, 2.3 Clostridium botulinum, 2.4	Microbiology pp. 159-186			28	2 hours	40		4	3	3
6		Microbiology, In	2.4 Autoimmune Disorders 1.2.5 Clostridium perfringens, 2.1	Microbiology pp. 187-204,			30	2 hours	40		4	3	3
7		Immunology, Ni	17.7 Dementia and Degenei 2.7 Listeria monocytogenes, 3.	Immunology pp. 107-122, I			29	2 hours	40		4	3	3
8		Nervous Syster	7.4 Aortic Dissection and Ar 3.2 Nocardia, 4.1 Neisseria spi	Neurology & Special Sensi			29	2 hours	40		4	3	3
9		Cath-up day											
10		Practice Test 1											
11		Nervous Syster	8.5 Endocarditis, 8.6 Cardio 4.2 Neisseria meningitidis, 4.3	Neurology & Special Sensi			29	2 hours	40		4	3	3
12		Nervous Syster	15.10 Adrenal Cortex 15.15.1 Klebsiella, Enterobacter, Si	Endocrine pp. 329-350, Ca			29	2 hours	40		4	3	3
13		Cardiovascular	19.1 Inflammatory Dermatol: 5.3 Shigella, 5.4 Escherichia c	Cardiovascular pp. 281-30			29	2 hours	40		4	3	3
14		Endocrine Syst	9.4 Chronic Obstructive Pul 5.5 Yersinia enterocolitica and	Cardiovascular pp. 310-31			29	2 hours	40		4	3	3
15		Musculoskeleta	12.2 Acute Renal Failure (A 5.7 Vibrio cholerae, 5.8 Helicoi	Musculoskeletal, Skin, and			29	2 hours	40		4	3	3
16		Respiratory Sys	4.1 Primary Hemostasis anc 5.9 Pseudomonas, 5.10 Protei	Public Health Sciences pp.			29	2 hours	40		4	3	3
17		Renal & Urinary	4.5 Embolism (Part 2 of 2), 1.6.1 Bordetella pertussis, 6.2 Hi	Respiratory pp. 641-668			28	2 hours	40		4	3	3
18		Hematology &	5.3 Macrocytic Anemia (Par 6.3 Legionella pneumophila, 7.1	Renal pp. 562-591			30	2 hours	40		4	3	3
19		Hematology &	6.2 Acute Leukemia, 6.3 Ch 7.2 Brucella, 7.3 Francisella tui	Renal pp. 592-592, Hemat			28	2 hours	40		4	3	3
20		Gastrointestinal	10.1 Oral Cavity, 10.2 Saliv: 7.4 Pasteurella multocida, 8.1	Hematology & Oncology pp			30	2 hours	40		4	3	3
21		Reproductive S	10.5 Small Bowel, 10.6 App 8.2 Mycobacterium leprae, 9.1	Gastrointestinal pp. 373-3			29	2 hours	40		4	3	3
22		Reproductive S	11.3 Liver: Jaundice, 11.3 L 9.2 Leptospirosis, 9.3 Trepone	Reproductive pp. 601-629			29	2 hours	40		4	3	3
23		Behavioral/Psy	13.4 Endometrium and Myo 10.1 Chlamydia, 10.2 Coxiella	Reproductive pp. 630-639,			29	2 hours	40		4	3	3
24		Pharmacology	14.1 Penis, 14.2 Testicle, 14 10.3 Gardnerella vaginalis, 10.	Psychiatry pp. 556-560, Ph			28	2.5 hours	40		4	3	3
25		Cath-up day											
26		Begin study blo	Nervous Syster 17.1 Developmental Amom: 10.7 Rickettsia rickettsii, 1.1 Hi	Neurology & Special Sensi			30	2 hours	40		4	3	3
27		Nervous Syster	15.0 Anterior Pituitary Glanc 1.2 Blastomycoses, 1.3 Coccid	Neurology & Special Sensi			30	2 hours	40		4	3	3
28		Nervous Syster	7.1 Vasculitis, 7.2 Hypertension (HTN), 7.3 Arteriosclerosis	Neurology & Special Sensi			29	2 hours	40		4	3	3
29		Endocrine Syst	8.2 Congestive Heart Failur 1.4 Paracoccidioidomycosis, 2	Endocrine pp. 342-350, Ca			29	2 hours	80		4	3	3
30		Cardiovascular	18.2 Bone Tumors, 18.3 Joi 2.2 Dermatophytes, 2.3 Sporot	Cardiovascular pp. 299-31			29	2 hours	80		4	3	3
31		Musculoskeleta	9.4 Chronic Obstructive Pul 3.1 Candida albicans, 3.2 Asp	Musculoskeletal, Skin, and			29	2 hours	40		4	3	3
32		Miscellaneous,	19.1 Inflammatory Dermatol: 3.3 Cryptococcus neoformans,	Public Health Sciences pp.			29	2 hours	40		4	3	3
33		Miscellaneous,	12.4 Nephritic Syndrome, 11.3.5 Pneumocystis pneumonia,	Rapid Review pp. 678-688			29	2 hours	40		4	3	3
34		Respiratory Sys	4.2 Secondary Hemostasis : 1.2 (Pico) Polio Virus, 1.3 (Pic	Respiratory pp. 659-668, R			29	2 hours	40		4	3	3
35		Renal & Urinary	5.2 Microcytic Anemias Part 1.4 (Pico) Rhinovirus, 1.5 (Pic	Renal pp. 581-592, Hemat			29	2.5 hours	40		4	3	3
36		Cath-up day											
37		Practice Test 2											
38		Hematology &	5.6 Normocytic Anemias w/ 1.10 Coronavirus, 1.11 Retrovi	Hematology & Oncology pp			29	2 hours	40		4	3	3
39		Gastrointestinal	6.4 Myeloproliferative Disorc 2.1 Orthomyxovirus, 2.2 param	Gastrointestinal pp. 362-36			29	2 hours	40		4	3	3
40		Gastrointrestine	10.4 Stomach, 10.5 Small B 2.3 Rhabdovirus, 2.4 Filovirus	Gastrointestinal pp. 391-36			29	2 hours	40		4	3	3
41		Reproductive S	10.8 Colon (1) (Part 2 of 2), 2.5 Bunyavirus, 2.6 Arenavirus	Reproductive pp. 619-639,			29	2 hours	40		4	3	3
42		Behavioral/Psy	13.1 Vulva (Part 2 of 2), 13.: 2.7 Reovirus (Double Strandec	Psychiatry pp. 545-560, Bi			28	2 hours	40		4	3	3
43		Biochem, Cell E	13.6 Ovarian Tumors (Part 3.2 Epstein-Barr virus, 3.3 Cyt	Biochemistry pp. 46-75			30	2 hours	80		4	3	3
44		Biochem, Cell E	16.1 Introduction, 16.2 Inflar 3.4 Varicella Zoster Virus, 3.5	Biochemistry pp. 76-94, Mi			29	2 hours	80		4	3	3
45		Microbiology, In	2.4 Autoimmune Disorders 1.3.6 HHV 8 Kaposi's Sarcoma,	Microbiology pp. 134-161			28	2 hours	40		4	3	3
46		Microbiology, P	1.2 Cellular Injury (Part 2 of 3.8 Papillomavirus, 3.9 Parvov	Microbiology pp. 162-191			30	2 hours	40		4	3	3
47		Microbiology, In	1.5 Amyloid, 2.1 Acute Inflammation Part 1, 2.1 Acute Inflar	Microbiology pp. 192-204,			29	2 hours	40		4	3	3
48		Immunology, Pi	2.2 Chronic Inflammation, 2.3 10 Adenovirus, 3.11 Poxvitus	Immunology pp. 111-122, I			29	2 hours	40		4	3	3
49		Pathology - Gei	3.2 Carcinogenesis Part 1, 3.12 Hepatits B, 1.1 Giardia	Pathology pp. 222-226, Ph			28	2 hours	40		4	3	3
50		Begin study blo	COMLEX 1.2 Entamoeba histolytica, 1.3 Review weak subjects	The Basics pp. 1-19, Cervi			46	1 hour		120	5	1	4
51		COMLEX	2.1 Toxoplasmosis, 2.2 Trypan Review weak subjects	Lumbar Spine pp. 47-66, S			60	1 hour		80	5	1	3
52		COMLEX	2.3 Naegleria fowleri, 3.1 Tryp: Review weak subjects	Upper Extremities pp. 107:			43	1 hour		80	5	1	3
53		COMLEX	3.2 Babesia, 3.3 Plasmodium Review weak subjects	Osteopathy in the Cranial			42	1 hour		80	5	1	3
54		COMLEX	3.4 Leishmaniasis, 4.1 Trichorr Review weak subjects	Chapman's & Trigger Poin			34	1 hour		80	5	1	3
55		COMLEX	5.1 Intestinal nematodes, 5.2 T Review weak subjects	Counterstrain & Facilitated			44	1 hour		80	5	1	3
56		COMLEX	6.1 Cestodes, 6.2 Trematodes Review weak subjects	Articulatory Techniques pp			48	1 hour		80	5	1	3

