

**4-MONTH USMLE STEP 1 SAMPLE SCHEDULE**

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Day	Event	Subjects	Pathoma tasks	Sketchy/Micro tasks	First Aid (2019) Tasks	Pages	Pathoma length	UWorld questions	Book Study Hours	Lecture Study Hours	QBank Study Hours
1		Nervous System	17.1 Developmental Anomalies, 17.2 Spinal Cord Lesions, 17.3 Meningitis, 17.4 Cerebrovascular Disease, 17.5 Trauma, 17.6 Demyelinating Disorders (Part 1 of 2)		Neurology & Special Senses pp. 478-483		10 41 minutes	40	5	2	2
2		Nervous System	17.5 Trauma, 17.6 Demyelinating Disorders (Part 2 of 2), 17.7 Dementia and Degenerative Disorders (Part 1 of 2), 17.7 Dementia and Degenerative Disorders (Part 2 of 2), 17.8 CNS Tumors, 15.1 Anterior Pituitary Gland, 15.2 Posterior Pituitary Gland, 15.3 Thyroid Gland, 15.4 Hypothyroidism, 15.5 Hypothyroidism, 15.6 Thyroiditis, 15.7 Thyroid Neoplasia		Neurology & Special Senses pp. 484-489		10 41 minutes	40	5	2	2
3		Nervous System, Endocrine System	15.3 Thyroid Gland, 15.4 Hypothyroidism, 15.5 Hypothyroidism, 15.6 Thyroiditis, 15.7 Thyroid Neoplasia, 15.8 Parathyroid Gland, 15.9 Endocrine Pancreas		Neurology & Special Senses pp. 496-501		10 40 minutes	40	5	2	2
4		Nervous System, Endocrine System	15.10 Adrenal Cortex, 15.11 Adrenal Medulla, 7.1 Vasculitis (Part 1 of 2)		Neurology & Special Senses pp. 502-513		10 40 minutes	40	5	2	2
5		Endocrine System, Cardiovascular System, Nervous System	15.10 Adrenal Cortex, 15.11 Adrenal Medulla, 7.1 Vasculitis (Part 1 of 2)		Neurology & Special Senses pp. 502-513		10 40 minutes	40	5	2	2
6	Practice Test 1										
7		Endocrine System, Cardiovascular System, Nervous System	7.1 Vasculitis (Part 2 of 2), 7.2 Hypertension (HTN), 7.3 Atherosclerosis		Neurology & Special Senses pp. 514-520		11 37 minutes	40	5	2	2
8		Endocrine System, Cardiovascular System, Nervous System	7.4 Aortic Dissection and Aneurysm, 7.5 Vascular Tumors, 8.1 Ischemic Heart Disease (IHD) (Part 1 of 2)		Neurology & Special Senses pp. 521-525		9 44 minutes	40	5	2	2
9		Cardiovascular System, Nervous System	8.1 Ischemic Heart Disease (IHD) (Part 2 of 2), 8.2 Congestive Heart Failure (CHF), 8.3 Congenital Defects, 8.4 Valvular Disorders (Part 1 of 2)		Neurology & Special Senses pp. 526-531		10 40 minutes	40	5	2	2
10		Cardiovascular System, Musculoskeletal System, Nervous System	8.4 Valvular Disorders (Part 2 of 2), 8.5 Endocarditis, 8.6 Cardiomyopathy, 8.7 Cardiac Tumors, 18.1 Skeletal System (Part 1 of 2)		Neurology & Special Senses pp. 532-537		10 40 minutes	40	5	2	2
11		Cardiovascular System, Musculoskeletal System, Nervous System, Endocrine System	18.1 Skeletal System (Part 2 of 2), 18.2 Bone Tumors, 18.3 Joint (Part 1 of 2)		Neurology & Special Senses pp. 537-539, Endocrine pp. 321-324		10 41 minutes	40	5	2	2
12		Cardiovascular System, Musculoskeletal System, Respiratory System, Endocrine System	18.3 Joint (Part 2 of 2), 18.4 Skeletal Muscle, 18.5 Neuromuscular Junction, 18.6 Soft Tissue Tumors, 9.1 Nasopharynx, 9.2 Larynx, 9.3 Pulmonary Infections (Part 1 of 2)		Endocrine pp. 325-330		10 40 minutes	40	5	2	2
13		Cardiovascular System, Musculoskeletal System, Respiratory System, Endocrine System	9.3 Pulmonary Infections (Part 2 of 2), 9.4 Chronic Obstructive Pulmonary Disease (Part 1 of 2)		Endocrine pp. 331-336		10 40 minutes	40	5	2	2
14		Musculoskeletal System, Respiratory System, Endocrine System	9.4 Chronic Obstructive Pulmonary Disease (Part 2 of 2), 9.5 Restrictive Diseases (Part 1 of 2)		Endocrine pp. 337-342		10 40 minutes	40	5	2	2
15		Musculoskeletal System, Respiratory System, Endocrine System	9.5 Restrictive Diseases (Part 2 of 2), 9.6 Pulmonary Hypertension, 9.7 Respiratory Distress Syndromes, 9.8 Lung Cancer, 9.9 Pleura		Endocrine pp. 343-348		10 39 minutes	40	5	2	2
16		Respiratory System, Skin, Endocrine System, Cardiovascular System	10.1 Inflammatory Dermatoses, 10.2 Blistering Dermatoses, 10.3 Epithelial Tumors, 10.4 Disorders of Pigmentation and Melanocytes (Part 1 of 2)		Endocrine pp. 349-350, Cardiovascular pp. 278-281		10 42 minutes	40	5	2	2
17		Respiratory System, Skin, Renal & Urinary System, Cardiovascular System	10.4 Disorders of Pigmentation and Melanocytes (Part 2 of 2), 19.5 Infectious Disorders, 12.1 Congenital, 12.2 Acute Renal Failure (ARF), 12.3 Nephrotic Syndrome (Part 1 of 2)		Cardiovascular pp. 282-287		10 40 minutes	40	5	2	2
18		Respiratory System, Renal & Urinary System, Cardiovascular System	12.3 Nephrotic Syndrome (Part 2 of 2), 12.4 Nephritic Syndrome, 12.5 Urinary Tract Infection, 12.6 Nephrolithiasis, 12.7 Chronic Renal Failure (Part 1 of 2)		Cardiovascular pp. 288-293		10 40 minutes	40	5	2	2
19		Respiratory System, Skin, Renal & Urinary System, Hematology & Oncology, Cardiovascular System	12.5 Urinary Tract Infection, 12.6 Nephrolithiasis, 12.7 Chronic Renal Failure (Part 2 of 2), 12.8 Renal Neoplasia, 12.9 Lower Urinary Tract Carcinoma, 4.1 Primary Hemostasis and Related Bleeding Disorders (Part 1 of 2)		Cardiovascular pp. 294-305		16 41 minutes	40	5	2	2
20	Catch-up day										
21		Skin, Hematology & Oncology, Cardiovascular System	4.1 Primary Hemostasis and Related Bleeding Disorders (Part 2 of 2), 4.2 Secondary Hemostasis and Related Disorders (Part 1 of 2)		Cardiovascular pp. 306-311		10 40 minutes	40	5	2	2
22		Skin, Renal & Urinary System, Hematology & Oncology, Cardiovascular System	4.2 Secondary Hemostasis and Related Disorders (Part 2 of 2), 4.3 Other Disorders of Hemostasis, 4.4 Thrombosis		Cardiovascular pp. 312-317		10 39 minutes	40	5	2	2
23		Renal & Urinary System, Hematology & Oncology, Cardiovascular System, Musculoskeletal System	4.5 Embolism, 5.1 Anemia, 5.2 Microcytic Anemias Part 1 (Part 1 of 2)		Cardiovascular pp. 318-319, Musculoskeletal, Skin, and Connective Tissue pp. 438-441		10 41 minutes	40	5	2	2
24		Renal & Urinary System, Hematology & Oncology, Musculoskeletal System	5.2 Microcytic Anemias Part 1 (Part 2 of 2), 5.2 Microcytic Anemias Part 2, 5.3 Microcytic Anemias Part 3 (Part 1 of 2)		Musculoskeletal, Skin, and Connective Tissue pp. 442-447		10 41 minutes	40	5	2	2
25		Renal & Urinary System, Hematology & Oncology, Musculoskeletal System	5.2 Microcytic Anemias Part 3 (Part 2 of 2), 5.3 Microcytic Anemia, 5.4 Normocytic Anemia		Musculoskeletal, Skin, and Connective Tissue pp. 448-453		10 40 minutes	40	5	2	2
26		Hematology & Oncology, Musculoskeletal System	5.5 Normocytic Anemias w/ Extravascular Hemolysis, 5.6 Normocytic Anemias w/ Intravascular Hemolysis, 5.7 Anemia Due to Underproduction (Part 1 of 2)		Musculoskeletal, Skin, and Connective Tissue pp. 454-459		10 40 minutes	40	5	2	2
27		Hematology & Oncology, Musculoskeletal System	5.8 Normocytic Anemias w/ Underproduction (Part 2 of 2), 6.1 Leukopenia and Leukocytosis, 6.2 Acute Leukemia (Part 1 of 2)		Musculoskeletal, Skin, and Connective Tissue pp. 460-465		10 40 minutes	40	5	2	2
28		Hematology & Oncology, Musculoskeletal System	6.2 Acute Leukemia (Part 2 of 2), 6.3 Chronic Leukemia, 6.4 Myeloproliferative Disorders (MPD) (Part 1 of 2)		Musculoskeletal, Skin, and Connective Tissue pp. 466-471		10 41 minutes	40	5	2	2
29		Hematology & Oncology, Musculoskeletal System, Miscellaneous	6.4 Myeloproliferative Disorders (MPD) (Part 2 of 2), 6.5 Lymphadenopathy (LAD), 6.6 Lymphoma, 6.7 Hodgkin Lymphoma (HL)		Musculoskeletal, Skin, and Connective Tissue pp. 472-476, Public Health Sciences pp. 255-255		10 36 minutes	40	5	2	2
30		Hematology & Oncology, Gastrointestinal System, Miscellaneous	6.8 Plasma Cell Disorders (Dyscrasias), 6.9 Langerhans Cell Histiocytosis, 10.1 Oral Cavity, 10.2 Salivary Gland, 10.3 Esophagus		Public Health Sciences pp. 256-261		10 44 minutes	40	5	2	2
31		Hematology & Oncology, Gastrointestinal System, Miscellaneous	10.3 Esophagus (Part 3 of 3), 10.4 Stomach (Part 1 of 2)		Public Health Sciences pp. 262-267		10 40 minutes	40	5	2	2
32		Hematology & Oncology, Gastrointestinal System, Miscellaneous	10.4 Stomach (Part 2 of 2), 10.5 Small Bowel		Public Health Sciences pp. 268-272, Approaching the Organ Systems pp. 274-275		10 38 minutes	40	5	2	2
33		Hematology & Oncology, Gastrointestinal System, Miscellaneous, Respiratory System	10.6 Appendix, 10.7 Inflammatory Bowel Disease, 10.8 Colon (1)		Approaching the Organ Systems pp. 275-275, Respiratory pp. 645-655		16 41 minutes	40	5	2	2
34	Catch-up Day										
35		Gastrointestinal System, Respiratory System	10.8 Colorectal Carcinoma (2), 11.1 Exocrine Pancreas, 11.2 Gallbladder and Biliary Tract, 11.3 Liver: Jaundice (Part 1 of 2)		Respiratory pp. 656-661		10 42 minutes	40	5	2	2
36		Gastrointestinal System, Reproductive System, Respiratory System	11.3 Liver: Jaundice (Part 2 of 2), 11.3 Liver: Hepatitis, 11.3 Liver: Cirrhosis and Tumors, 13.1 Vulva (Part 1 of 2)		Respiratory pp. 662-667		10 40 minutes	40	5	2	2
37		Gastrointestinal System, Reproductive System, Respiratory System, Renal & Urinary System	13.1 Vulva (Part 2 of 2), 13.2 Vagina, 13.3 Cervix (Part 1 of 2)		Respiratory pp. 668-672, Renal pp. 566-566		10 41 minutes	40	5	2	2
38		Gastrointestinal System, Reproductive System, Renal & Urinary System	13.3 Cervix (Part 2 of 2), 13.4 Endometrium and Myometrium		Renal pp. 567-572		10 38 minutes	40	5	2	2
39		Gastrointestinal System, Reproductive System, Renal & Urinary System	13.5 Ovary, 13.6 Ovarian Tumors		Renal pp. 573-578		10 42 minutes	40	5	2	2
40		Gastrointestinal System, Reproductive System, Renal & Urinary System	13.7 Gestational Pathology, 14.1 Penis, 14.2 Testicle		Renal pp. 579-584		10 40 minutes	40	5	2	2
41		Reproductive System, Renal & Urinary System	14.3 Testicular Tumors, 14.4 Prostate, 16.1 Introduction, 16.2 Inflammatory Conditions		Renal pp. 585-590		10 41 minutes	40	5	2	2
42		Reproductive System, Renal & Urinary System	16.3 Benign Tumors and Fibrocytic Changes, 16.4 Breast Cancer (Part 1 of 2)		Renal pp. 591-596		10 40 minutes	40	5	2	2

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43		Reproductive System, Immunology, Hematology & Oncology	16.4 Breast Cancer (Part 2 of 2), 2.3 Primary Immunodeficiency, 2.4 Autoimmune Disorders Part 1 (Part 1 of 2)		Hematology & Oncology pp. 396-401	10-40 minutes	40	5	2	2	2
44		Reproductive System, Immunology, Hematology & Oncology	2.4 Autoimmune Disorders Part 1 (Part 2 of 2), 2.4 Autoimmune Disorders Part 2 (Part 1 of 2)		Hematology & Oncology pp. 402-407	10-40 minutes	40	5	2	2	2
45		Reproductive System, Immunology, Pathology - General, Hematology & Oncology	2.4 Autoimmune Disorders Part 2 (Part 2 of 2), 1.1 Growth Adaptations (Part 1 of 2)		Hematology & Oncology pp. 408-413	10-41 minutes	40	5	2	2	2
46		Reproductive System, Pathology - General, Hematology & Oncology	1.1 Growth Adaptations (Part 2 of 2), 1.2 Cellular Injury (Part 1 of 2)		Hematology & Oncology pp. 414-419	10-40 minutes	40	5	2	2	2
47		Reproductive System, Pathology - General, Hematology & Oncology	1.2 Cellular Injury (Part 2 of 2), 1.3 Cell Death (Part 1 of 2)		Hematology & Oncology pp. 420-426	11-40 minutes	40	5	2	2	2
48	Catch-up Day										
49	Practice Test 2										
50		Pathology-General, Hematology & Oncology, Gastrointestinal System	1.3 Cell Death (Part 2 of 2), 1.4 Free Radical Injury, 1.5 Amyloid (Part 1 of 2)		Hematology & Oncology pp. 427-436, Gastrointestinal pp. 352-352	10-40 minutes	40	5	2	2	2
51		Pathology-General, Gastrointestinal System	1.5 Amyloid (Part 2 of 2), 2.1 Acute Inflammation Part 1 (Part 1 of 2)		Gastrointestinal pp. 353-358	10-41 minutes	40	5	2	2	2
52		Pathology-General, Gastrointestinal System	2.1 Acute Inflammation Part 1 (Part 2 of 2), 2.1 Acute Inflammation Part 2, 2.1 Acute Inflammation Part 3 (Part 1 of 2)		Gastrointestinal pp. 359-364	10-40 minutes	40	5	2	2	2
53		Pathology-General, Gastrointestinal System	2.1 Acute Inflammation Part 3 (Part 2 of 2), 2.2 Chronic Inflammation		Gastrointestinal pp. 365-370	10-37 minutes	40	5	2	2	2
54		Pathology-General, Gastrointestinal System	2.5 Wound Healing, 3.1 Neoplasia (Part 1 of 2)		Gastrointestinal pp. 377-382	10-43 minutes	40	5	2	2	2
55		Pathology-General, Gastrointestinal System	3.1 Neoplasia (Part 2 of 2), 3.2 Carcinogenesis Part 1		Gastrointestinal pp. 383-388	10-41 minutes	40	5	2	2	2
56		Pathology-General, Gastrointestinal System	3.2 Carcinogenesis Part 2, 3.2 Carcinogenesis Part 3 (Part 1 of 2)		Gastrointestinal pp. 383-394	10-40 minutes	40	5	2	2	2
1	Begin study block #1	Pathology - General	1.1. Growth Adaptations, 1.2 Cellular Injury, 1.3 Cell Death (Part 1 of 2)	1.1 Staph aureus, 1.2 Staph epidermidis/Baek saprophyticus	Pathology pp. 205-229	25-2 hours	40	4	2	3	3
2		Biochem, Cell Bio, Genetics, Pathology - General	1.3 Cell Death (Part 2 of 2), 1.4 Free Radical Injury, 1.5 Amyloid, 2.1 Acute Inflammation Part 1 (Part 1 of 2)	1.3 Strep. pyogenes (Group A Strep), 1.4 Strep. agalactiae (Group B Strep)	Biochemistry pp. 34-58	25-2 hours	40	4	2	3	3
3		Biochem, Cell Bio, Genetics, Pathology - General	2.1 Acute Inflammation Part 1 (Part 2 of 2), 2.1 Acute Inflammation Part 2, 2.1 Acute Inflammation Part 3, 2.2 Chronic Inflammation	1.5 Strep. pneumoniae/Strep viridans, 1.6 Enterococcus	Biochemistry pp. 59-83	25-2 hours	40	4	2	3	3
4		Biochem, Cell Bio, Genetics, Microbiology, Pathology - General	2.2 Chronic Inflammation (Part 2 of 2), 2.5 Wound Healing, 3.1 Neoplasia, 3.2 Carcinogenesis Part 1 (Part 1 of 2)	2.1 Bacillus anthracis and Bacillus cereus, 2.2 Clostridium tetani	Biochemistry pp. 84-94, Microbiology pp. 124-137	25-2 hours	40	4	2	3	3
5		Microbiology, Pathology - General	3.2 Carcinogenesis Part 1 (Part 2 of 2), 3.2 Carcinogenesis Part 2, 3.2 Carcinogenesis Part 3, 3.3 Tumor Progression, 3.4 Clinical Characteristics (Part 1 of 2)	2.3 Clostridium botulinum, 2.4 Clostridium difficile	Microbiology pp. 138-161	24-2 hours	40	4	2	3	3
6		Microbiology, Pathology - General, Immunology	3.4 Clinical Characteristics (Part 2 of 2), 2.3 Primary Immunodeficiency, 2.4 Autoimmune Disorders Part 1, 2.4 Autoimmune Disorders Part 2	2.5 Clostridium perfringens, 2.6 Corynebacterium diphtheriae	Microbiology pp. 162-186	25-2 hours	40	4	2	3	3
7		Microbiology, Immunology, Nervous System	2.4 Autoimmune Disorders Part 2 (Part 2 of 2), 17.1 Ocular Lesions, 17.3 Meningitis, 17.4 Cerebrovascular Disease, 17.5 Trauma, 17.6 Demyelinating Disorders, 17.7 Dementia and Degenerative Disorders (Part 1 of 2)	2.7 Listeria monocytogenes, 3.1 Adenoviruses	Microbiology pp. 187-204, Immunology pp. 95-102	26-1.5 hours	80	4	2	3	3
8		Immunology, Nervous System, Cardiovascular System	17.7 Dementia and Degenerative Disorders (Part 2 of 2), 17.8 CNS Tumors, 1.1 Vasculitis, 1.7 Hypertension (HTN), 7.3 Atherosclerosis	3.2 Nocardia, 4.1 Neisseria species overview	Immunology pp. 103-122, Neurology & Special Senses pp. 478-480	23-1.5 hours	80	4	2	3	3
9	Catch-up day										
10	Practice Test 1										
11		Nervous System, Cardiovascular System	7.4 Aortic Dissection and Aneurysm, 7.5 Vascular Tumors, 8.1 Ischemic Heart Disease (IHD), 8.2 Congestive Heart Failure (CHF), 8.3 Congenital Defects, 8.4 Valvular Disorders (Part 1 of 2)	4.2 Neisseria meningitidis, 4.3 Neisseria gonorrhoeae	Neurology & Special Senses pp. 481-507	27-2 hours	40	4	2	3	3
12		Nervous System, Cardiovascular System, Endocrine System	8.4 Valvular Disorders (Part 2 of 2), 8.5 Endocarditis, 8.6 Cardiomyopathy, 8.7 Cardiac Tumors, 15.1 Anterior Pituitary Gland, 15.2 Posterior Pituitary Gland, 15.3 Thyroid Gland, 15.4 Hypothyroidism, 15.5 Hypothyroidism, 15.6 Thyroiditis, 15.7 Thyroid Neoplasia, 15.8 Parathyroid Gland, 15.9 Endocrine Pancreas (Part 1 of 2)	5.1 Klebsiella, Enterobacter, Serratia, 5.2 Salmonella	Neurology & Special Senses pp. 508-531	24-2 hours	40	4	2	3	3
13		Nervous System, Cardiovascular System, Endocrine System, Musculoskeletal System	15.9 Endocrine Pancreas (Part 2 of 2), 15.10 Adrenal Cortex, 15.11 Adrenal Medulla, 18.1 Skeletal System, 18.2 Bone Tumors, 18.3 Joint (Part 1 of 2)	5.3 Shigella, 5.4 Escherichia coli (ETEC, EHEC)	Neurology & Special Senses pp. 532-539, Cardiovascular pp. 278-286	26-2 hours	40	4	2	3	3
14		Cardiovascular System, Musculoskeletal System, Skin, Respiratory System	18.3 Joint (Part 2 of 2), 18.4 Skeletal Muscle, 18.5 Neuromuscular Junction, 18.6 Soft Tissue Tumors, 19.1 Inflammatory Dermatoses, 19.2 Blistering Dermatoses, 19.3 Epithelial Tumors, 19.4 Disorders of Pigmentation and Melanocytes, 19.5 Infectious Disorders, 9.1 Nasopharynx, 9.2 Larynx	5.5 Yersinia enterocolitica and pestis, 5.6 Campylobacter jejuni	Cardiovascular pp. 296-319	24-1.5 hours	40	4	2	3	3
15		Endocrine System, Respiratory System	9.3 Pulmonary Infections, 9.4 Chronic Obstructive Pulmonary Disease, 9.5 Restrictive Diseases (Part 1 of 2)	5.7 Vibrio cholerae, 5.8 Helicobacter pylori	Endocrine pp. 321-348	26-2 hours	40	4	2	3	3
16		Endocrine System, Musculoskeletal System, Respiratory System, Renal & Urinary System	9.5 Restrictive Diseases, 9.6 Pulmonary Hypertension, 9.7 Respiratory Distress Syndromes, 9.8 Lung Cancer, 9.9 Pleura, 12.1 Congenital, 12.2 Acute Renal Failure (ARF), 12.3 Nephrotic Syndrome	5.9 Pneumonia, 5.10 Proteus mirabilis	Endocrine pp. 347-350, Musculoskeletal, Skin, and Connective Tissue pp. 438-458	25-2 hours	40	4	2	3	3
17		Musculoskeletal System, Respiratory System, Renal & Urinary System, Hematology & Oncology	12.3 Nephrotic Syndrome (Part 2 of 2), 12.4 Nephritic Syndrome, 12.5 Urinary Tract Infection, 12.6 Nephrotoxicity, 12.7 Chronic Renal Failure, 12.8 Renal Neoplasia, 12.9 Lower Urinary Tract Carcinoma, 4.1 Primary Hemostasis and Related Bleeding Disorders (Part 1 of 2)	6.1 Bordetella pertussis, 6.2 Haemophilus influenzae	Musculoskeletal, Skin, and Connective Tissue pp. 459-476, Respiratory pp. 645-651	25-2 hours	40	4	2	3	3
18		Respiratory System, Renal & Urinary System, Hematology & Oncology	4.1 Primary Hemostasis (Part 2 of 2) and Related Bleeding Disorders, 4.2 Secondary Hemostasis and Related Disorders, 4.3 Other Disorders of Hemostasis, 4.4 Thrombosis, 4.5 Embolism	6.3 Legionella pneumophila, 7.1 Bartonella henselae	Respiratory pp. 652-672, Renal pp. 566-567	23-1.5 hours	40	4	2	3	3
19		Renal & Urinary System, Hematology & Oncology	5.1 Anemia, 5.2 Microcytic Anemias Part 1, 5.2 Microcytic Anemias Part 2, 5.2 Microcytic Anemias Part 3, 5.3 Macrocytic Anemia (Part 1 of 2)	7.2 Brucella, 7.3 Francisella tularensis	Renal pp. 568-592	25-1.5 hours	40	4	2	3	3
20		Renal & Urinary System, Hematology & Oncology	5.3 Macrocytic Anemia (Part 2 of 2), 5.4 Normocytic Anemia, 5.5 Normocytic Anemia w/ Extravascular Hemolysis, 5.6 Normocytic Anemia w/ Intravascular Hemolysis, 5.7 Anemia Due to Underproduction, 6.1 Leukopenia and Leukocytosis	7.4 Pasteurella multocida, 8.1 Mycobacterium tuberculosis	Renal pp. 593-596, Hematology & Oncology pp. 386-418	27-2 hours	80	4	2	3	3
21		Hematology & Oncology, Gastrointestinal System	6.1 Leukopenia and Leukocytosis, 6.2 Acute Leukemia, 6.3 Chronic Leukemia, 6.4 Myeloproliferative Disorders (MPD), 6.5 Lymphadenopathy (LAD), 6.6 Lymphoma, 6.7 Hodgkin Lymphoma (HL) (Part 1 of 2)	8.2 Mycobacterium leprae, 9.1 Borrelia burgdorferi	Hematology & Oncology pp. 419-436, Gastrointestinal pp. 352-358	25-2 hours	80	4	2	3	3
22		Gastrointestinal System, Hematology & Oncology	6.5 Lymphadenopathy (LAD), 6.6 Lymphoma, 6.7 Hodgkin Lymphoma (HL) (Part 2 of 2), 6.8 Plasma Cell Disorders (Dyscrasias), 6.9 Langerhans Cell Histiocytosis, 10.1 Oral Cavity, 10.2 Salivary Gland, 10.3 Esophagus, 10.4 Stomach	8.2 Leptospira, 9.3 Treponema pallidum	Gastrointestinal pp. 359-383	25-2 hours	80	4	2	3	3
23		Gastrointestinal System, Reproductive System	10.4 Stomach (Part 2 of 2), 10.5 Small Bowel, 10.6 Appendix, 10.7 Inflammatory Bowel Disease, 10.8 Colon (1)	10.1 Chlamydia, 10.2 Coxsackie burnetti	Gastrointestinal pp. 384-394, Reproductive pp. 598-609	23-2 hours	40	4	2	3	3
24		Reproductive System, Gastrointestinal System	10.8 Colon (1) (Part 2 of 2), 10.8 Colorectal Carcinoma (2), 11.1 Exocrine Pancreas, 11.2 Gallbladder and Biliary Tract, 1.3 Liver, Jaundice, 11.3 Liver - Hepatitis, 11.3 Liver - Cirrhosis & Tumors	10.3 Gardnereia vaginalis, 10.4 Mycoplasma pneumoniae	Reproductive pp. 610-636	27-2 hours	40	4	2	3	3
25		Reproductive System, Behavioral/Psychiatry	13.1 Vagina, 13.2 Vagina, 13.3 Cervix, 13.4 Endometrium and Myometrium	10.5 Rickettsia species overview, 10.6 Rickettsia prowazekii	Reproductive pp. 637-643, Psychiatry pp. 541-558	25-2 hours	40	4	2	3	3
26		Behavioral/Psychiatry, Pharmacology - General, Reproductive System	13.5 Ovary, 13.6 Ovarian Tumors, 13.7 Gestational Pathology, 14.1 Penis, 14.2 Testicle	10.7 Rickettsia rickettsii, 1.1 Histoplasmosis	Psychiatry pp. 559-564, Pharmacology pp. 231-249	25-2 hours	40	4	2	3	3

**4 MONTH USMLE STEP 1 SAMPLE SCHEDULE**

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27	Complete first pass of First Aid	Pharmacology - General, Miscellaneous, Reproductive System	14.3 Testicular Tumors, 14.4 Prostate, 16.1 Introduction, 16.2 Inflammatory Conditions, 16.3 Benign Tumors and Fibrotic Changes, 16.4 Breast Cancer	1.2 Blastomycosis, 1.3 Coccidioidomycosis	Pharmacology pp. 250-253, Public Health Sciences pp. 255-272, Approaching the Organ Systems pp. 274-275	24	2 hours	40	4	2	3
28	Practice Test 2										
29	Begin study block #2	Nervous System	17.1 Developmental Anomalies, 17.2 Spinal Cord Lesions, 17.3 Meningitis, 17.4 Cerebrovascular Disease, 17.5 Trauma, 17.6 Demyelinating Disorders, 17.7	1.4 Paracoccidioidomycosis, 2.1 Malassezia furfur	Neurology & Special Senses pp. 478-500	23	1.5 hours	40	4	2	3
30		Nervous System, Endocrine System	17.7 Dementia and Degenerative Disorders, 17.8 CNS Tumors, 15.1 Anterior Pituitary Gland, 15.2 Posterior Pituitary Gland, 15.3 Thyroid Gland, 15.4 Hyperthyroidism, 15.5 Hypothyroidism, 15.6 Thyroiditis, 15.7 Thyroid Neoplasia, 15.8 Parathyroid Gland	2.2 Dermatophytes, 2.3 Sporothrix schenckii	Neurology & Special Senses pp. 501-523	23	1.5 hours	40	4	2	3
31		Nervous System, Endocrine System, Cardiovascular System	15.9 Endocrine Pancreas, 15.10 Adrenal Cortex, 15.11 Adrenal Medulla, 7.1 Vasculitis, 7.2 Hypertension (HTN)	3.1 Candida albicans, 3.2 Aspergillus fumigatus	Neurology & Special Senses pp. 523-539, Endocrine pp. 301-327	23	1.5 hours	40	4	2	3
32		Endocrine System, Cardiovascular System	7.3 Arteriosclerosis, 7.4 Aortic Dissection and Aneurysm, 7.5 Vascular Tumors, 8.1 Ischemic Heart Disease (IHD), 8.2 Congestive Heart Failure (CHF)	3.3 Cryptococcus neoformans, 3.4 Mucormycosis	Endocrine pp. 328-350	23	1.5 hours	40	4	2	3
33		Cardiovascular System, Musculoskeletal System	8.3 Congenital Defects, 8.4 Valvular Disorders, 8.5 Endocarditis, 8.6 Cardiomyopathy, 8.7 Cardiac Tumors, 8.1 Skeletal System	3.5 Pneumocystis pneumonia, 1.1 Picornaviridae Overview	Cardiovascular pp. 278-300	23	2 hours	40	4	2	3
34		Cardiovascular System, Musculoskeletal System, Respiratory System	18.1 Skeletal System, 18.2 Bone Tumors, 18.3 Joint, 18.4 Skeletal Muscle, 18.5 Neuromuscular Junction, 18.6 Soft Tissue Tumors, 9.1 Nasopharynx, 9.2 Larynx, 9.3 Pulmonary Infections	1.2 (Pico) Polio Virus, 1.3 (Pico) Coxsackie A	Cardiovascular pp. 301-319, Musculoskeletal, Skin, and Connective Tissue pp. 438-441	23	1.5 hours	40	4	2	3
35		Musculoskeletal System, Respiratory System	9.3 Pulmonary Infections, 9.3 Pulmonary Infections, 9.4 Chronic Obstructive Pulmonary Disease, 9.5 Restrictive Diseases	1.4 (Pico) Rhinovirus, 1.5 (Pico) Hepatitis A	Musculoskeletal, Skin, and Connective Tissue pp. 442-464	23	1.5 hours	40	4	2	3
36		Musculoskeletal System, Miscellaneous, Respiratory System, Skin, Renal & Urinary System	9.5 Restrictive Diseases (Part 2 of 2), 9.6 Pulmonary Hypertension, 9.7 Respiratory Distress Syndromes, 9.8 Lung Cancer, 9.9 Pleura, 19.1 Inflammatory Dermatoses, 19.2 Blistering Dermatoses, 19.3 Epithelial Tumors, 19.4 Disorders of Pigmentation and Melanocytes, 19.5 Infectious Disorders, 12.1 Congenital, 12.2 Acute Renal Failure (ARF), 12.3 Nephrotic Syndrome, 12.4 Nephritic Syndrome (Part 1 of 2)	1.6 (Norwalk) Calicivirus, 1.7 Flavivirus Group	Musculoskeletal, Skin, and Connective Tissue pp. 465-476, Public Health Sciences pp. 255-272	29	2 hours	40	4	2	3
37		Respiratory System, Renal & Urinary System, Hematology & Oncology	12.4 Nephritic Syndrome (Part 2 of 2), 12.5 Urinary Tract Infection, 12.6 Nephrotoxicity, 12.7 Chronic Renal Failure, 12.8 Acute Renal Failure, 12.9 Lower Urinary Tract Carcinoma, 4.1 Primary Hemostasis and Related Bleeding Disorders (Part 1 of 2)	1.8 (Flavi) Hepatitis C, 1.9 Togavirus Group	Respiratory pp. 645-661	20	1.5 hours	40	4	2	3
38		Respiratory System, Renal & Urinary System, Hematology & Oncology	4.1 Primary Hemostasis and Related Bleeding Disorders (Part 2 of 2), 4.2 Secondary Hemostasis and Related Disorders, 4.3 Other Disorders of Hemostasis, 4.4 Thrombosis, 4.5 Embolism	1.10 Coronavirus, 1.11 Retrovirus - HIV/AIDS	Respiratory pp. 662-672, Renal pp. 566-577	23	1.5 hours	40	4	2	3
39		Renal & Urinary System, Hematology & Oncology	5.1 Anemia, 5.2 Microcytic Anemias Part 1, 5.2 Microcytic Anemias Part 2, 5.2 Microcytic Anemias Part 3, 5.3 Macrocytic Anemia	2.1 Orthomyxovirus, 2.2 paramyxovirus	Renal pp. 578-596, Hematology & Oncology pp. 396-399	23	2 hours	40	4	2	3
40		Hematology & Oncology	5.3 Macrocytic Anemia (Part 2 of 2), 5.4 Normocytic Anemia, 5.5 Normocytic Anemias w/ Extravascular Hemolysis, 5.6 Normocytic Anemias w/ Intravascular Hemolysis, 5.7 Anemia Due to Underproduction (Part 1 of 2)	2.3 Rhabdovirus, 2.4 Filovirus	Hematology & Oncology pp. 400-422	23	1.5 hours	40	4	2	3
41		Hematology & Oncology, Gastrointestinal System	5.8 Normocytic Anemias w/ Intravascular Hemolysis, 5.7 Anemia Due to Underproduction, 6.1 Leukopenia and Leukocytosis, 6.2 Acute Leukemia, 6.3 Chronic Leukemia, 6.4 Myeloproliferative Disorders (MPD)	2.5 Bunyavirus, 2.6 Arenavirus	Hematology & Oncology pp. 423-436, Gastrointestinal pp. 352-360	23	1.5 hours	40	4	2	3
42		Gastrointestinal System, Hematology & Oncology	6.4 Myeloproliferative Disorders (MPD) (Part 2 of 2), 6.5 Lymphoproliferative (LAD), 6.1 Lymphoma, 6.7 Hodgkin Lymphoma (HL), 6.8 Plasma Cell Disorders (Cryoglobulin), 6.9 Langerhans Cell Histiocytosis, 10.1 Oral Cavity, 10.2 Salivary Gland, 10.3 Esophagus (Part 1 of 2)	2.7 Reovirus (Double Stranded RNA), 3.1 HSV1 and 2	Gastrointestinal pp. 361-383	23	1.5 hours	40	4	2	3
43		Gastrointestinal System, Reproductive System	10.3 Esophagus, 10.4 Stomach, 10.5 Small Bowel	3.2 Epstein-Barr virus, 3.3 Cytomegalovirus	Gastrointestinal pp. 394-394, Reproductive pp. 598-609	23	1.5 hours	40	4	2	3
44		Reproductive System, Gastrointestinal System	10.5 Small Bowel (Part 2 of 2), 10.6 Appendix, 10.7 Inflammatory Bowel Disease, 10.8 Colon (1), 10.8 Colorectal Carcinoma (2), 11.1 Endocrine Pancreas	3.4 Varicella Zoster Virus, 3.5 HHV 8 Roseola	Reproductive pp. 610-632	23	1.5 hours	80	4	2	3
45		Reproductive System, Behavioral/Psychiatry, Gastrointestinal System	11.2 Gallbladder and Biliary Tract, 11.3 Liver: Jaundice, 11.1 Vulva	3.6 HHV 8 Kaposi's Sarcoma, 3.7 Papillomavirus	Reproductive pp. 633-643, Psychiatry pp. 541-552	23	1.5 hours	80	4	2	3
46		Biochem, Cell Bio, Genetics, Reproductive System	13.2 Vagina, 13.3 Cervix, 13.4 Endometrium and Myometrium, 10.5 Ovary	3.8 Papillomavirus, 3.9 Parvovirus	Psychiatry pp. 553-564, Biochemistry pp. 34-44	23	1.5 hours	80	4	2	3
47	Catch-up day										
48		Biochem, Cell Bio, Genetics, Reproductive System	13.6 Ovarian Tumors, 13.7 Gestational Pathology, 14.1 Penis, 14.2 Testicle	3.10 Adenovirus, 3.11 Poxvirus	Biochemistry pp. 45-67	23	1.5 hours	40	4	2	3
49		Biochem, Cell Bio, Genetics, Reproductive System	14.3 Testicular Tumors, 14.4 Prostate, 16.1 Introduction, 16.2 Inflammatory Conditions, 16.3 Benign Tumors and Fibrotic Changes, 16.4 Breast Cancer (Part 1 of 2)	3.12 Hepatitis B, 1.1 Giardia	Biochemistry pp. 68-90	23	2 hours	40	4	2	3
50		Biochem, Cell Bio, Genetics, Microbiology, Reproductive System, Immunology	16.4 Breast Cancer (Part 2 of 2), 2.3 Primary Immunodeficiency 2.4 Autoimmune Disorders Part 1, 2.4 Autoimmune Disorders Part 2	1.2 Entamoeba histolytica, 1.3 Cryptosporidium	Biochemistry pp. 91-98, Microbiology pp. 124-142	23	1.5 hours	40	4	2	3
51		Microbiology, Immunology Pathology - General	2.4 Autoimmune Disorders Part 2 (Part 2 of 2), 1.1 Growth Adaptations, 1.2 Cellular Injury (Part 1 of 2)	2.1 Toxoplasmosis, 2.2 Trypanosoma brucei	Microbiology pp. 143-165	23	1.5 hours	40	4	2	3
52		Microbiology, Pathology - General	1.2 Cellular Injury (Part 2 of 2), 1.3 Cell Death, 1.4 Free Radical Injury (Part 1 of 2)	2.3 Naegleria fowleri, 3.1 Trypanosoma cruzi	Microbiology pp. 166-188	23	1.5 hours	40	4	2	3
53		Microbiology, Immunology Pathology - General	1.4 Free Radical Injury (Part 2 of 2), 1.5 Amyloid, 2.1 Acute Inflammation Part 1, 2.1 Acute Inflammation Part 2 (Part 1 of 2)	3.2 Babesia, 3.3 Plasmodium species	Microbiology pp. 189-204, Immunology pp. 95-101	23	1.5 hours	40	4	2	3
54		Immunology, Pathology - General	2.1 Acute Inflammation Part 2 (Part 2 of 2), 2.1 Acute Inflammation Part 3, 2.2 Chronic Inflammation, 2.5 Wound Healing (Part 1 of 2)	3.4 Leishmaniasis, 4.1 Trichomoniasis	Immunology pp. 102-122, Pathology pp. 205-206	23	1.5 hours	40	4	2	3
55		Pathology - General	2.5 Wound Healing (Part 2 of 2), 3.1 Neoplasia, 3.2 Carcinogenesis Part 1	5.1 Intestinal nematodes, 5.2 Tissue nematodes	Pathology pp. 207-229	23	1.5 hours	40	4	2	3
56		Pharmacology - General, Pathology - General	3.2 Carcinogenesis Part 2, 3.2 Carcinogenesis Part 3, 3.3 Tumor Progression, 3.4 Clinical Characteristics	6.1 Cestodes, 6.2 Trematodes	Pharmacology pp. 231-253	23	1.5 hours	40	4	2	3