Thanks for downloading our sample schedule! We don't suggest this is the ultimate schedule, but we offer it a starting point for your plan. Remember, everyone learns differently, and you will need to adjust your plan for your weak areas, if you fall behind, need catch-up days, etc.

Day Event	Subjects	Pathoma tasks	First Aid (2020) tasks	First Aid pages	Pathoma length	UWorld questions	Book Study Hours	Lecture Study Hours	QBank Study Hours
1 Begin study block #1	Pathology - General, Biochem, Cell Bio, Genetics	1.1 Growth Adaptations, 1.2 Cellular Injury, 1.3 Cell Death (Part 1 of 2)	Pathology pp. 205-228; Biochemistry pp. 34-38	29	1.5 hours	40	4	2	3
2	Biochem, Cell Bio, Genetics , Pathology - General	1.3 Cell Death (Part 2 of 2),1.4 Free Radical Injury, 1.5 Amyloid, 2.1 Acute Inflammation Part 1	Biochemistry pp. 39-67	29	1.5 hours	40	4	2	3
3	Biochem, Cell Bio, Genetics , Pathology - General	2.1 Acute Inflammation Part 2, 2.1 Acute Inflammation Part 3, 2.2 Chronic Inflammation, 2.5 Wound Healing (Part 1 of 2)	Biochemistry pp. 68-94	27	1.5 hours	40	4	2	3
4	Microbiology, Pathology - General	2.5 Wound Healing (Part 2 of 2), 3.1 Neoplasia, 3.2 Carcinogenesis Part 1, 3.2 Carcinogenesis Part 2	Microbiology pp. 124-150	27	1.5 hours	40	4	2	3
5	Microbiology, Pathology - General, Immunology	3.2 Carcinogenesis Part 3, 3.3 Tumor Progression, 3.4 Clinical Characteristics, 2.3 Primary Immunodeficiency, 2.4 Autoimmune Diosrders Part 1	Microbiology pp. 151-180	30	1.5 hours	40	4	2	3
6	Microbiology, Immunology, Nervous System	2.4 Autoimmune Disorders Part 2, 17.1 Developmental Anomalies, 17.2 Spinal Cord Lesions, 17.3 Meningitis, 17.4 Cerebrovascular Disease, 17.5 Trauma, 17.6 Demylinating Disorders	Microbiology pp. 181-204; Neurology & Special Senses pp. 490-492		1.5 hours	40	4	2	3
7	Immunology, Nervous System, Cardiovascular System	17.7 Dementia and Degenerative Disorders, 17.8 CNS Tumors, 7.1 Vasculitis, 7.2 Hypertension (HTN), 7.3 Arteriosclerosis	Neurology & Special Sense	e 29	1.5 hours	40	4	2	3
8	Nervous System, Cardiovascular System	7.4 Aortic Dissection and Aneurysm, 7.5 Vascular Tumors, 8.1 Ischemic Heart Disease (IHD), 8.2 Congestive Heart Failure (CHF), 8.3 Congenital Defects, 8.4 Valvular Disorders	Neurology & Special Sense	ε 28	1.5 hours	40	4	2	3
9 Catch-up day									
10 Practice Test									
11	Nervous System, Cardiovascular System, Endocrine System	8.5 Endocarditis, 8.6 Cardiomyopathy, 8.7 Cardiac Tumors, 15.1 Anterior Pituitary Gland, 15.2 Posterior Pituitary Gland, 15.3 Thyroid Gland, 15.4 Hyperthyroidism, 15.5 Hypothyroidism, 15.6 Thyroiditis, 15.7 Thyroid Neoplasia, 15.8 Parathyroid Gland, 15.9 Endocrine Pancreas, 15.10 Adrenal Cortex, 15.11 Adrenal Medulla (Part 1 of 2)	Neurology & Special Sens	¢ 28	1.5 hours	40	4	2	3
12	Nervous System, Cardiovascular System, Endocrine System, Musculoskeletal System	15.10 Adrenal Cortexm 15.11 Adrenal Medulla (Part 2 of 2), 18.1 Skeletal System, 18.2 Bone Tumors, 18.3 Joint, 18.4 Skeletal Muscle, 18.5 Neuromuscular Junction, 18.6 Soft Tissue Tumors	Immunology pp. 120-122; Cardiovascular pp. 280- 304	28	1.5 hours	40	4	2	3
13	Cardiovascular System, Endocrine System, Skin, Respiratory System	19.1 Inflammatory Dermatoses, 19.2 Blistering Dermatoses, 19.3 Epithelial Tumors, 19.4 Disorders of Pigmentation and Melanocytes, 19.5 Infectious Disorders, 9.1 Nasopharynx, 9.2 Larynx, 9.3 Pulmonary Infections	Cardiovascular pp. 305- 324; Endocrine pp. 325- 332	28	2 hours	40	4	2	3
14	Endocrine System, Musculoskeleetal System, Respiratory System, Renal & Urinary System	9.4 Chronic Obstructive Pulmonary Disease (Part 2 of 2), 9.5 Restrictive Diseases, 9.6 Pulmonary Hypertension, 9.7 Respiratory Distress Syndromes, 9.8 Lung Cancer, 9.9 Pleura, 12.1 Congenital	Endocrine pp. 333-354; Musculoskeletal & Physiology pp. 446-451	28	2 hours	40	4	2	3

Thanks for downloading our sample schedule! We don't suggest this is the ultimate schedule, but we offer it a starting point for your plan. Remember, everyone learns differently, and you will need to adjust your plan for your weak areas, if you fall behind, need catch-up days, etc.

Day Event	Subjects	Pathoma tasks	First Aid (2020) tasks			-			-
15	Musculoskeletal System, Renal & Urinary System, Hematology & Oncology	12.2 Acute Renal Failure (ARF), 12.3 Nephrotic Syndrome, 12.4 Nephritic Syndrome, 12.5 Urinary Tract Infection, 12.6 Nephrolithiasis, 12.7 Chronic Renal Failure, 12.8 Renal Neoplasia, 12.9 Lower Urinary Tract Carcinoma, 4.1 Primary Hemostais and Related Bleeding Disorders (Part 1 of 2)	Musculoskeletal & Physiolo	c 29	1.5 hours	40	4	2	
16	Respiratory System, Hematology & Oncology	4.1 Primary Hemostasis and Related Bleeding Disorders (Part 2 of 2), 4.2 Secondary Hemostasis and Related Disorders, 4.3 Other Disorders of Hemostasis, 4.4 Thrombosis, 4.5 Embolism (Part 1 of 2)	Musculoskeletal & Physiolo	28	1.5 hours	40	4	2	
17	Renal & Urinary System, Hematology & Oncology	4.5 Embolism (Part 2 of 2), 5.1 Anemia, 5.2 Microcytic Anemias Part 1, 5.2 Microcytic Anemias Part 2, 5.2 Microcytic Anemias Part 3, 5.3 Microcytic Anemia (Part 1 of 2)	Respiratory pp. 680-687; Hematology & Oncology pp. 404-423	28	1.5 hours	40	4	2	:
18	Hematology & Oncology	5.3 Macrocytic Anemia (Part 2 of 2), 5.4 Normocytic Anemia, 5.5 Normocytic Anemias w/ Extravascular Hemolysis, 5.6 Normocytic Anemias w/ Intravascular Hemolysis, 5.7 Anemia Due to Underproduction, 6.1 Leukopenia and Leukocytosis	Hematology & Oncology pp. 424-444; Renal pp. 578-584	28	1.5 hours	40	4	2	
19	Hematology & Oncology, Gastrointestinal System	6.2 Acute Leukemia, 6.3 Chronic Leukemia, 6.4 Myeloproliferative Disorders (MPD), 6.5 Lymphadenopathy (LAD), 6.6 Lymphoma, 6.7 Hodgkin Lymphoma (HL), 6.8 Plasma Cell Disorders (Dyscrasias), 6.9 Langerhans Cell Histiocytosis	Renal pp. 585-610	26	1.5 hours	40	4	2	
20	Gastrointestinal System	10.1 Oral Cavity, 10.2 Salivary Gland, 10.3 Esophagus, 10.4 Stomach, 10.5 Small Bowel	Gastrointestinal pp. 358- 387	30	1.5 hours	40	4	2	5
21	Reproductive System, Gastrointestinal System	10.5 Small Bowel, 10.6 Appendix, 10.7 Inflammatory Bowel Disease, 10.8 Colon (1), 10.8 Colorectal Carcinoma (2), 11.1 Exocrine Pancreas, 11.2 Gallbladder and Biliary Tract, 11.3 Liver: Jaundice (Part 1 of 2)	Gastrointestinal pp. 388- 401; Reproductive pp. 612-623	26	1.5 hours	40	4	2	:
22	Reproductive System, Behavioral/Psychiatry, Reproductive System	11.3 Liver: Jaundice, 11.3 Liver: Hepatitis, 11.3 Liver: Cirrhosis & Tumors, 13.1 Vulva, 13.2 Vagina, 13.3 Cervix	Reproductive pp. 624-653	30	1.5 hours	40	4	2	5
23	Behavioral/Psychiatry, Pharmacology - General, Reproductive System	13.4 Endometrium and Myometrium, 13.5 Ovary, 13.6 Ovarian Tumors, 13.7 Gestational Pathology	Reproductive pp. 654- 658; Psychiatry pp. 553- 575	28	1.5 hours	40	4	2	5
24	Pharmacology - General, Miscellaneous, Reproductive System	14.1 Penis, 14.2 Testicle, 14.3 Testicular Tumors, 14.4 Prostate, 16.1 Introduction, 16.2 Inflammatory Conditions, 16.3 Benign Tumors and Fibrocystic Changes, 16.4 Breast Cancer	Psychiatry pp. 576-576; Pharmacology pp. 229- 254	27	2 hours	40	4	2	:
25 Catch-up da	у								

Thanks for downloading our sample schedule! We don't suggest this is the ultimate schedule, but we offer it a starting point for your plan. Remember, everyone learns differently, and you will need to adjust your plan for your weak areas, if you fall behind, need catch-up days, etc.

Day Event	Subjects	Pathoma tasks	First Aid (2020) tasks		-	-	Book Study Hours	Lecture Study Hours	QBank Study Hours
26 Begin study block #2	Nervous System	17.1 Developmental Anomalies, 17.2 Spinal Cord Lesions, 17.3 Meningitis, 17.4 Cerebrovascular Disease, 17.5 Trauma, 17.6 Demyelinating Disorders, 17.7 Dementia and Degenerative Disorders, 17.8 CNS Tumors	Neurology & Special Senses pp. 490-519	30	1.5 hours	40	4	2	3
27	Nervous System, Endocrine System	15.0 Anterior Pituitary Gland, 15.2 Posterior Pituitary Gland, 15.3 Thyroid Gland, 15.4 Hyperthyroidism, 15.5 Hypothyroidism, 15.6 Thyroiditis, 15.7 Thyroid Neoplasia, 15.8 Parathyroid Gland, 15.9 Endocrine Pancreas, 15.10 Adrenal Cortex, 15.11 Adrenal Medulla	Neurology & Special Senses pp. 520-549	30	1.5 hours	40	4	2	3
28	Nervous System, Endocrine System, Cardiovascular System	7.1 Vasculitis, 7.2 Hypertension (HTN), 7.3 Arteriosclerosis, 7.4 Aortic Dissection and Aneurysm, 7.5 Vascular Tumors, 8.1 Ischemic Heart Disease (IHD)	Senses pp. 550-552;	29	2 hours	40	4	2	3
29	Endocrine System, Cardiovascular System, Musculoskeletal System	8.2 Congestive Heart Failure (CHF), 8.3 Congenital Defects, 8.4 Valvular Disorders, 8.5 Endocarditis, 8.6 Cardiomyopathy, 8.7 Cardiac Tumors, 18.1 Skeletal System	Endocrine pp. 351-354; Cardiovascular pp. 280- 305	30	2 hours	40	4	2	3
30	Cardiovascular System, Musculoskeletal System, Respiratory System	18.2 Bone Tumors, 18.3 Joint, 18.4 Skeletal Muscle, 18.5 Neuromuscular Junction, 18.6 Soft Tissue Tumors, 9.1 Nasopharynx, 9.2 Larynx, 9.3 Pulmonary Infections, 9.4 Chronic Obstructive Pulmonary Disease (Part 1 of 2)	Cardiovascular pp. 306- 324; Musculoskeletal, Skin, & Connective Tissue pp. 446-455	29	2 hours	40	4	2	3
31	Musculoskeletal System, Miscellaneous, Respiratory System	9.4 Chronic Obstructive Pulmonary Disease, 9.5 Restrictive Diseases, 9.6 Pulmonary Hypertension, 9.7 Respiratory Distress Syndromes, 9.8 Lung Cancer, 9.9 Pleura	Musculoskeletal, Skin, & C	a 29	1.5 hours	40	4	2	3
32	Miscellaneous, Skin, Renal & Urinary System	19.1 Inflammatory Dermatoses, 19.2 Blistering Dermatoses, 19.3 Epithelial Tumors, 19.4 Disorders of Pigmentation and Melanocytes, 19.5 Infectious Disorders, 12.1 Congenital, 12.2 Acute Renal Failure (ARF), 12.3 Nephrotic Syndrome	Musculoskeletal, Skin, & C	a 30	2 hours	40	4	2	3
33	Miscellaneous, Respiratory System, Renal & Urinary System, Hematology & Oncology	12.4 Nephritic Syndrome, 12.5 Urinary Tract Infection, 12.6 Nephrolithiasis, 12.7 Chronic Renal Failure, 12.8 Renal Neoplasia, 12.9 Lower Urinary Tract Carcinoma, 4.1 Primary Hemostasis and Related Bleeding Disorders, 4.2 Secondary Hemostasis and Related Disorders (Part 1 of 2)	Respiratory pp. 686-687; Renal pp. 578-604	29	1.5 hours	40	4	2	3
34	Respiratory System, Renal & Urinary System, Hematology & Oncology	4.2 Secondary Hemostasis and Related Disorders (Part 2 of 2), 4.3 Other Disorders of Hemostasis, 4.4 Thrombosis, 4.5 Embolism, 5.1 Anemia, 5.2 Microcytic Anemias Part 1	Renal pp. 605-610; Hematology & Oncology pp. 607-427	30	1.5 hours	40	4	2	3
35	Renal & Urinary Ststem, Hematology & Oncology	5.2 Microcytic Anemias Part 2, 5.2 Microcytic Anemias Part 3, 5.3 Macrocytic Anemia, 5.4 Normocytic Anemia, 5.5 Normocytic Anemias w/ Extravascular Hemolysis	Hematology & Oncology p	ç 29	2 hours	40	4	2	3
36 Catch-up day									

Thanks for downloading our sample schedule! We don't suggest this is the ultimate schedule, but we offer it a starting point for your plan. Remember, everyone learns differently, and you will need to adjust your plan for your weak areas, if you fall behind, need catch-up days, etc.

Day	/ Event	Subjects	Pathoma tasks	First Aid (2020) tasks	First Aid pages	Pathoma length	UWorld questions	Book Study Hours	Lecture Study Hours	QBank Study Hours
3	Practice Test									
3	3	Hematology & Oncology, Gastrointrestinal System	5.6 Normocytic Anemias w/ Intravascular Hemolysis, 5.7 Anemia Due to Underproduction, 6.1 Leukopenia and Leukocytosis, 6.2 Acute Leukemia, 6.3 Chronic Leukemia, 6.4 Myeloproliferative Disorders (MPD) (Part 1 of 2)	Gastrointestinal pp. 370- 397	28	1.5 hours	40	4	3	3
3)	Gastrointestinal System, Hematology & Oncology	6.4 Myeloproliferative Disorders (MPD) (Part 2 of 2), 6.5 Lumphadenopathy (LAD), 6.6 Lymphoma, 6.7 Hodgkin Lymphoma (HL), 6.8 Plasma Cell Disorders (Dyscrasias), 6.9 Langerhans Cell Histiocytosis, 10.1 Oral Cavity, 10.2 Salivary Gland, 10.3 Esophagus	Gastrointestinal pp. 398- 401; Reproductive pp. 612-637	30	1.5 hours	40	4	2	3
4	D	Gastrointrestinal System, Reproductive System	10.4 Stomach, 10.5 Small Bowel, 10.6 Appendix, 10.7 Inflammatory Bowel Disease, 10.8 Colon (1)	Reproductive pp. 638- 658; Psychiatry pp. 553- 562	31	1.5 hours	40	4	2	3
4	1	Reproductive System, Behavioral/Psychiatry, Gastrointestinal System	10.8 Colon (1) (Part 2 of 2), 10.8 Colorectal Carcinoma (2), 11.1 Exocrine Pancreas, 11.2 Callbladder and Biliary Tract, 11.3 Liver: Jaundice, 11.3 Liver: Hepatitis, 11.3 Liver: Cirrhosis & Tumors, 13.1 Vulva	Psychiatry pp. 563-576; Bi	c 29	1.5 hours	40	4	2	3
4	2	Behavioral/Psychiatry, Biochem, Cell Bio, Genetics, Reproductive System	13.1 Vulva (Part 2 of 2), 13.2 Vagina, 13.3 Cervix, 13.4 Endometrium and Myometrium, 13.5 Ovary, 13.6 Ovarian Tumors (Part 1 of 2)	Biochemistry pp. 49-78	30	1.5 hours	40	4	2	3
4	3	Biochem, Cell Bio, Genetics, Reproductive System	13.6 Ovarian Tumors (Part 2 of 2), 13.7 Gestational Pathology, 14.1 Penis, 14.2 Testicle, 14.3 Testicular Tumors, 14.4 Prostate	Biochemistry pp. 79-94; Mi	i 29	1.5 hours	40	4	2	3
4	4	Biochem, Cell Bio, Genetics, Microbiology, Reproductive System, Immunology	16.1 Introduction, 16.2 Inflammatory Conditions, 16.3 Benign Tumors and Fibrocystic Changes, 16.4 Breast Cancer, 2.3 Primary Immunodeficiency, 2.4 Autoimmune Disorders Part 1 (Part 1 of 2)	Microbiology pp. 137-165	29	2 hours	40	4	2	3
4	5	Microbiology, Immunology, Pathology - General	2.4 Autoimmune Disorders Part 1 (Part 2 of 2), 2.4 Autoimmune Disorders Part 2, 1.1 Growth Adaptations, 1.2 Cellular Injury (Part 1 of 2)	Microbiology pp. 166-195	30	1.5 hours	40	4	2	3
4	3	Microbiology, Pathology - General	1.2 Cellular Injury (Part 2 of 2), 1.3 Cell Death, 1.4 Free Radical Injury	Microbiology pp. 196-204;	1 29	1.5 hours	40	4	2	3
4	7	Microbiology, Immunology, Pathology - General	1.5 Amyloid, 2.1 Acute Inflammation Part 1, 2.1 Acute Inflammation Part 2, 2.1 Acute Inflammation Part 3	Immunology pp. 115-122; Pathology pp. 205-226	30	2 hours	40	4	2	3
4	3	Immunology, Pathology - General	2.2 Chronic Inflammation, 2.5 Wound Healing, 3.1 Neoplasia	Pathology pp. 227-228; Pharmacology pp. 229- 254	28	1.5 hours	40	4	2	3
4)	Pathology - General, Pharmacology - General	3.2 Carcinogenesis Part 1, 3.2 Carcinogenesis Part 2, 3.2 Carcinogenesis Part 3, 3.3 Tumor Progression, 3.4 Clinical Characteristics			2 hours	40	4	2	3