

4-WEEK USMLE STEP 2 CK SAMPLE SCHEDULE

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Day	Event	Subjects	OnlineMedEd tasks	First Aid (10th ed.) tasks	First Aid pages	Lecture length	UWorld questions	Book Study Hours	Lecture Study Hours	QBank Study Hours
1		Gastroenterology	Gallbladder, Esophagitis, Esophagus, GERD, Peptic Ulcer, Misc Gastric, Acute Diarrhea, Chronic Diarrhea	Esophageal Disease pp. 144-148, Disorders of the Stomach and Duodenum, Disorders of the Small Bowel, Disorders of the Large Bowel	17 pages	2 hours	40	4	3	1
2		Gastroenterology	Malabsorption, Diverticula, Colon Cancer, Cirrhosis, Cirrhosis Complications, GI Bleed, Pancreatitis, IBD	Gastrointestinal Bleeding pp. 161-161, Inflammatory Bowel Disease pp. 161-162, Hernias pp. 163-164, Biliary Disease pp. 165-167, Liver Disease pp. 168-175, Pancreatic Disease pp. 176-178	19 pages	2 hours	40	4	3	1
3		Endocrinology, Gastroenterology	Jaundice, Viral Hepatitis, Liver Function Tests, GI Bleed, Cirrhosis II Chronic Decompensation, Cirrhosis III Acute Decompensation, Anterior Pituitary, Posterior Pituitary	Endocrinology (Part 1 of 2) pp. 90-107	18 pages	2.5 hours	40	4	3	1
4		Endocrinology, Nephrology/Genitourinary	Thyroid, Thyroid Nodules, Adrenals, Outpatient Diabetes, Insulin Management, Diabetic Emergencies, MEN Syndromes, Acute Kidney Injury	Endocrinology (Part 2 of 2) pp. 108-117, Renal/Genitourinary (Part 1 of 3) pp. 504-511	18 pages	2 hours	40	4	3	1
5		Nephrology/Genitourinary	Chronic Kidney Disease, Sodium, Calcium, Potassium, Kidney Stones, Cysts & Cancer, Acid Base, Acid Base II	Renal/Genitourinary (Part 2 of 3) pp. 512-528	17 pages	2.5 hours	40	4	3	1
6		Nephrology/Genitourinary, Musculoskeletal//Rheumatology	Sodium, Potassium, Renal Failure, Approach to Joint Pain, Lupus, Rheumatoid Arthritis, Other Connective Tissue, Monoarthritis	Renal/Genitourinary (Part 3 of 3) pp. 529-531, Musculoskeletal (Part 1 of 2) pp. 254-268	18 pages	2.5 hours	40	4	3	1
7		Musculoskeletal/Rheumatology, Infectious Disease	Seronegative Arthritis, Vasculitis, Joint Pain, Antibiotic Ladder, HIV, TB, Sepsis, Brain Inflammation, Skin Infections	Respiratory Infections pp. 212-219, Infections of the Eyes and Ears pp. 220-221, CNS Infections (Part 1 of 2) pp. 222-224	18 pages	2.5 hours	40	4	3	1
8		Infectious Disease, Dermatology	Skin Infections (Part 2 of 2), Pneumonia, UTI, Genital Ulcers, Ear Nose Throat, Infective Endocarditis, Bullous Diseases, Papulosquamous, Eczematous Rashes	CNS Infections (Part 2 of 2) pp. 225-225, Human Immunodeficiency Virus pp. 226-227, Opportunistic Infections pp. 228-233, Sexually Transmitted Diseases pp. 234-234, Genitourinary Infections pp. 239-240	16 pages	2 hours	40	4	3	1
9		Infectious Disease, Dermatology, Pulmonology	Hypersensitivity, Hyperpigmentation, Hypopigmentation, Alopecia, Skin Infections, Asthma, Lung Cancer, Pleural Effusion, Pulmonary Embolism, COPD	Hematologic Infections pp. 241-244, Fever pp. 245-245, Tick-Borne Infections pp. 246-247, Miscellaneous Infections pp. 248-252, Layers of the Skin pp. 56-56, Allergic and Immune-Mediated Skin Disorders (Part 1 of 2) pp. 57-62	19 pages	2 hours	40	4	3	1
10		Dermatology, Pulmonology, Neurology	ARDS, DPLD, Oxygen Delivery, Pulmonary Embolism, Pulmonary Hypertension, Dyspnea, Hemoptysis, Stroke	Allergic and Immune-Mediated Skin Disorders (Part 2 of 2) pp. 63-66, Infectious Disease Manifestations of the Skin pp. 67-78, Ischemic Skin Disorders pp. 79-79	17 pages	2.5 hours	40	4	3	1
11		Dermatology, Pulmonology, Neurology, Cardiology	Seizure, Tremor, Headache, Back Pain, Dementia, Dizziness, Coma, Weakness, Coronary Artery Disease (Part 1 of 2)	Miscellaneous Skin Disorders pp. 80-83, Neoplasms of the Skin pp. 84-88, Pulmonary (Part 1 of 2) pp. 478-487	19 pages	2 hours	40	4	3	1
12		Pulmonology, Neurology, Cardiology	Coronary Artery Disease (Part 2 of 2), Heart Failure, Valvular Disease, Cardiomyopathy, Pericardial Disease, Syncope, Cholesterol, Hypertension	Pulmonary (Part 2 of 2) pp. 488-501, Clinical Neuroanatomy pp. 276-277	16 pages	2 hours	40	4	3	1
13		Neurology, Cardiology	ACLS Rhythms, ACLS Easy, Shock I, Shock II, Shock III, CHF I Clinic, CHF II Hospital (Part 1 of 2)	Vascular Disorders pp. 278-285, Headaches pp. 286-287, Seizure Disorders pp. 288-289, Vertigo pp. 290-292, Disorders of the Neuromuscular Junction pp. 293-293, Demyelinating Lesions pp. 294-296	19 pages	2.5 hours	40	4	3	1

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14		Neurology, Cardiology, Hematology/Oncology	CHF II Hospital (Part 2 of 2), Syncope, Secondary Hypertension, Chest Pain, Anemia Approach, Macrocytic Anemia, Microcytic Anemia, Normocytic Anemia	Dementia pp. 297-300, Movement Disorders pp. 301-302, Neoplasms pp. 303-303, Neurocutaneous Disorders pp. 304-306, Aphasia pp. 307-307, Coma pp. 308-309, Nutritional Deficiencies pp. 310-310, Ophthalmology pp. 310-313	18 pages	2 hours	40	4	3	1
15		Cardiology, Hematology/Oncology	Leukemia, Lymphoma, Plasma Cell, Bleeding, Thrombocytopenia, Thrombophilia, Bleeding, Platelets, Cirrhosis IV Hepatocellular Carcinoma	Electrocardiogram pp. 18-20, Cardiac Physical Exam pp. 21-22, Arrhythmias pp. 23-24, Congestive Heart Failure pp. 25-29, Cardiomyopathy pp. 30-32, Coronary Artery Disease pp. 33-34	17 pages	2.5 hours	40	4	3	1
16		Cardiology, Obstetrics/Gynecology	Cancer Intro, Cervical Cancer, Endometrial Cancer, Ovarian Cancer, Moles, Vaginal/Vulvar Cancer, Pelvic Anatomy, Adnexal Mass, Incontinence, Gyn Infections (Part 1 of 2)	Acute Coronary Symptoms pp. 35-38, Dyslipidemia pp. 39-40, Hypertension pp. 41-44, Pericardial Disease pp. 45-46, Valvular Heart Disease pp. 47-47, Vascular Disease (Part 1 of 2) pp. 47-51	18 pages	2.5 hours	40	4	3	1
17		Cardiology, Hematology/Oncology, Obstetrics/Gynecology	Gyn Infections (Part 2 of 2), Vaginal Bleeding, Vaginal Bleeding 2, Vaginal Bleeding 3, Puberty, Primary Amenorrhea, Secondary Amenorrhea, Infertility, Virilization	Vascular Disease (Part 2 of 2) pp. 52-52, Syncope pp. 53-53, Coagulation Disorders pp. 180-186, Red Blood Cell Disorders (Part 1 of 2) pp. 187-195	18 pages	2 hours	40	4	3	1
18		Hematology/Oncology, Obstetrics/Gynecology	Menopause, Physiology of Pregnancy, Normal Prenatal Care, Genetic Screening, 3rd Trimester Labs, Advanced Prenatal Evaluation, Medical Disease, Normal Labor, Abnormal Labor, L & D Path (Part 1 of 2)	Red Blood Cell Disorders (Part 2 of 2) pp. 196-198, White Blood Cell Disorders pp. 198-204, Plasma Cell Disorders pp. 205-206, Neutropenia pp. 207-207, Eosinophilia pp. 208-208, Transplant Medicine pp. 208-209, Diseases Associated with Neoplasms pp. 209-210	18 pages	2.5 hours	40	4	3	1
19		Obstetrics/Gynecology	L & D Path (Part 2 of 2), Eclampsia, Multiple Gestations, Post Partum Hemorrhage, Antenatal Testing, 3rd Trimester Bleeding, Alloimmunization, Prenatal Infections	Physiology of Normal Pregnancy pp. 316-316, Prenatal Care pp. 317-318, Prenatal Diagnostic Testing pp. 319-320, Teratology pp. 321-321, Maternal-Fetal Infections pp. 321-323, Spontaneous Abortion pp. 324-324, Elective Termination of Pregnancy pp. 325-325, Normal Labor and Delivery pp. 326-331	17 pages	2 hours	40	4	3	1
20		Obstetrics/Gynecology, General Surgery	Prenatal Infections 2, OB Operations, Contraception, Preop Evaluation, Postop Fever, Other Postop Issues, Obstructive Jaundice, Esophagus	Medical Complications of Pregnancy pp. 332-336, Obstetric Complications of Pregnancy pp. 337-343, Abnormal Labor and Delivery pp. 344-348	17 pages	2 hours	40	4	3	1
21		Obstetrics/Gynecology, General Surgery	Small Bowel, Pancreas, Gallbladder, Colorectal, Abdominal Pain, Leg Ulcers, Breast Cancer, Peds: First Day, Peds Weeks to Months (Part 1 of 2)	Puerperium pp. 349-352, Menarche and Normal Female Development pp. 354-354, Normal Menstrual Cycle pp. 354-355, Menopause pp. 355-355, Contraception pp. 356-356, Abnormalities of the Menstrual Cycle pp. 356-364	18 pages	2 hours	40	4	3	1
22		Obstetrics/Gynecology, General Surgery	Peds Weeks to Months (Part 2 of 2), Endocrine Diseases, Surgical Hypertension, Peds CT Surgery, CT Surgery, Aorta, Skin Cancer, Shock, Head	Reproductive Endocrinology pp. 365-367, Gynecologic Infections pp. 368-372, Gynecologic Neoplasms pp. 373-380, Pelvic Organ Prolapse pp. 381-381	17 pages	2 hours	40	4	3	1
23		Obstetrics/Gynecology, Emergency Medicine, General Surgery, Ophthalmology	Neck, Chest, Abdomen, Burns, Bites & Stings, Toxic Ingestion, Peds Ophtho, Adult Ophtho	Urinary Incontinence pp. 382-382, Pediatric Gynecology pp. 383-383, Benign Breast Disorders pp. 384-386, Breast Cancer pp. 387-388, Sexual Assault pp. 389-390, Surgery and Emergency Medicine (Part 1 of 2) pp. 534-543	19 pages	2 hours	40	4	3	1
24		Emergency Medicine, Orthopedic Surgery, Neurosurgery, Vascular Surgery, Urology	Ortho Peds, Ortho Hand, Ortho Injuries, Neuro Brain Bleeds, Neuro Tumors, Vascular, Uro Peds, Uro Cancer, Uro Misc	Surgery and Emergency Medicine (Part 2 of 2) pp. 544-561	18 pages	2.5 hours	40	4	3	1

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25		Pediatrics	Newborn Management, Neonatal ICU, Failure to Pass Meconium, Baby Emesis, Neonatal Jaundice, Congenital Defects, Well Child, Vaccinations (Part 1 of 2)	Child Development pp. 392-394, Genetic Disease pp. 395-397, Neonatology pp. 398-402, Congenital Heart Disease pp. 403-408	17 pages	2.5 hours	40	4	3	1
26		Pediatrics	Vaccinations (Part 2 of 2), ALTE BRUE and SIDS, Preventable Trauma, Child Abuse, Peds Infectious Rashes, Peds ID Review, Allergies, Ear Nose Throat, Upper Airway	Pediatric Gastroenterological Disease pp. 409-413, Pediatric Urology pp. 414-414, Pediatric Infectious Disease pp. 420-428, Pediatric Neurologic Disease pp. 429-429, Pediatric Oncology (Part 1 of 2) pp. 430-431	18 pages	2 hours	40	4	3	1
27		Pediatrics, Psychiatry	Lower Airway, Seizures, GI Bleed, Peds CT Surgery, Orthopedics, Ophthalmology, Urology	Pediatric Oncology (Part 2 of 2) pp. 432-432, Pediatric Musculoskeletal Disorders pp. 433-439, Child Abuse pp. 440-440, Well-Child Care pp. 441-443, Childhood and Adolescent Disorders pp. 446-448, Psychotic Disorders pp. 449-450	17 pages	2 hours	40	4	3	1
28		Psychiatry, Pediatrics	Sickle Cell Disease, Immunodeficiency, Anxiety Disorders, Impulse Control, OCD and Related Disorders, PTSD, Mood Disorders	Dissociative Disorders pp. 451-452, Anxiety Disorders pp. 453-454, Obsessive-Compulsive Disorder and Related Disorders pp. 455-455, Trauma and Stressor-Related Disorders pp. 456-456, Neurocognitive Disorders, Mood Disorders, Personality Disorders pp. 464-465, Substance Use Disorders pp. 466-469	19 pages	2 hours	40	4	3	1
29		Psychiatry, Ethics & Legal Issues, Preventive Medicine/Epidemiology	Mood Life & Death, Psychotic Disorders, Eating Disorders, Personality Disorders, Dissociative Disorders, Catatonia, Peds Neurodevelopmental, Peds Behavioral, Psych Pharm I	Eating Disorders pp. 470-470, Miscellaneous Disorders pp. 471-476, Ethics and Legal Issues pp. 136-141, Epidemiology (Part 1 of 2) pp. 120-123	17 pages	2.5 hours	40	4	3	1
30		Preventive Medicine/Epidemiology, Miscellaneous, Psychiatry	Psych Pharm II, Addiction, Addiction II Drugs of Abuse, Sleep Physiology, Sleep Disorders, Gender Dysphoria, Somatic Symptom Disorder, Prevention, Screening	Epidemiology (Part 2 of 2) pp. 124-134, Rapid Review (Part 1 of 2) pp. 564-570	18 pages	2 hours	40	4	3	1
31		Miscellaneous, Preventive Medicine/Epidemiology	Vaccinations, Diagnostic Tests, Study Design, Bias, Hypothesis Testing, Risk, Confidence Interval, Fever, Approach to Edema, Dysphagia, Weakness, Delirium, IV Fluids	Rapid Review (Part 2 of 2) pp. 571-587	17 pages	2.5 hours	40	4	3	1