

**4-WEEK USMLE STEP 2 CK SAMPLE SCHEDULE**

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Day	Event	Subjects	OnlineMedEd tasks	Step-Up (4th ed.) tasks	Step-Up pages	Lecture length	UWorld questions	Book Study Hours	Lecture Study Hours	QBank Study Hours
1		Internal Medicine-General, Gastroenterology	Gallbladder, Esophagitis, Esophagus, GERD, Peptic Ulcer, Misc Gastric, Acute Diarrhea, Chronic Diarrhea	Cardiovascular Diseases pp. 436-444, Headache pp. 444-447, Upper Respiratory Diseases pp. 447-451, GI Diseases (Part 1 of 2) pp. 451-453	21 pages	2 hours	40	4	3	1
2		Internal Medicine-General, Gastroenterology	Malabsorption, Diverticula, Colon Cancer, Cirrhosis, Cirrhosis Complications, GI Bleed, Pancreatitis, IBD	GI Diseases (Part 2 of 2) pp. 454-461, Musculoskeletal Problems pp. 461-473	21 pages	2 hours	40	4	3	1
3		Internal Medicine-General, Gastroenterology, Endocrinology	Jaundice, Viral Hepatitis, Liver Function Tests, GI Bleed, Cirrhosis II Chronic Decompensation, Cirrhosis III Acute Decompensation, Anterior Pituitary, Posterior Pituitary	Diseases of the Eye pp. 473-478, Sleep Disorders pp. 478-479, Miscellaneous Topics pp. 479-491	21 pages	2.5 hours	40	4	3	1
4		Internal Medicine-General, Endocrinology, Nephrology/Genitourinary	Thyroid, Thyroid Nodules, Adrenals, Outpatient Diabetes, Insulin Management, Diabetic Emergencies, MEN Syndromes, Acute Kidney Injury	Radiographic Interpretation pp. 492-495, Electrocardiogram Interpretation pp. 496-508, Physical Examination Pearls (Part 1 of 2) pp. 508-510	20 pages	2 hours	40	4	3	1
5		Internal Medicine-General, Nephrology/Genitourinary	Chronic Kidney Disease, Sodium, Calcium, Potassium, Kidney Stones, Cysts & Cancer, Acid Base, Acid Base II	Physical Examination Pearls (Part 2 of 2) pp. 511-511, Workup & Management of Common Problems pp. 511-516, Basic Statistics & Evidence-Based Medicine pp. 516-520, End of Life Issues & Informed Consent pp. 520-521, Ch. 14: Questions & Answer (Part 1 of 4) pp. 523-529	21 pages	2.5 hours	40	4	3	1
6		Internal Medicine-General, Nephrology/Genitourinary, Musculoskeletal/Rheumatology	Sodium, Potassium, Renal Failure, Approach to Joint Pain, Lupus, Rheumatoid Arthritis, Other Connective Tissue, Monoarticular Arthropathy	Ch. 14: Questions & Answer (Part 2 of 4) pp. 530-550	21 pages	2.5 hours	40	4	3	1
7		Internal Medicine-General, Musculoskeletal/Rheumatology, Infectious Disease	Seronegative Arthritis, Vasculitis, Joint Pain, Antibiotic Ladder, HIV, TB, Sepsis, Brain Inflammation, Skin Infections (Part 1 of 2)	Ch. 14: Questions & Answer (Part 3 of 4) pp. 551-570	20 pages	2.5 hours	40	4	3	1
8		Internal Medicine-General, Gastroenterology, Infectious Disease, Dermatology	Skin Infections (Part 2 of 2), Pneumonia, UTI, Genital Ulcers, Ear Nose Throat, Infective Endocarditis, Bullous Diseases, Papulosquamous, Eczematous Rashes	Ch. 14: Questions & Answer (Part 4 of 4) pp. 571-571, Diseases of the Colon pp. 113-120, Diseases of the Liver (Part 1 of 2) pp. 120-131	21 pages	2 hours	40	4	3	1
9		Gastroenterology, Dermatology, Pulmonology	Hypersensitivity, Hyperpigmentation, Hypopigmentation, Alopecia, Skin Infections, Asthma, Lung Cancer, Pleural Effusion, Pulmonary Embolism, COPD	Diseases of the Liver (Part 2 of 2) pp. 132-132, Diseases of the Gallbladder & Biliary Tract pp. 132-138, Diseases of the Appendix pp. 138-139, Diseases of the Pancreas pp. 139-144, GI Bleeding (Part 1 of 2) pp. 144-147	20 pages	2 hours	40	4	3	1
10		Gastroenterology, Pulmonology, Neurology	ARDS, DPLD, Oxygen Delivery, Pulmonary Embolism, Pulmonary Hypertension, Dyspnea, Hemoptysis, Stroke	GI Bleeding (Part 2 of 2) pp. 148-148, Diseases of the Esophagus pp. 148-154, Diseases of the Stomach pp. 154-158, Diseases of the Small Intestine pp. 159-162, Inflammatory Bowel Disease (Part 1 of 2) pp. 162-165	21 pages	2.5 hours	40	4	3	1
11		Gastroenterology, Endocrinology, Neurology, Cardiology	Seizure, Tremor, Headache, Back Pain, Dementia, Dizziness, Coma, Weakness, Coronary Artery Disease (Part 1 of 2)	Inflammatory Bowel Disease (Part 2 of 2) pp. 166-166, Diseases of the Thyroid Gland pp. 167-176, Diseases of the Pituitary Gland pp. 176-181, Diseases of the Parathyroid Glands pp. 181-183	20 pages	2 hours	40	4	3	1
12		Endocrinology, Cardiology	Coronary Artery Disease (Part 2 of 2), Heart Failure, Valvular Disease, Cardiomyopathy, Pericardial Disease, Syncope, Cholesterol, Hypertension	Diseases of the Adrenal Gland pp. 183-190, Diseases of the Pancreas (Part 1 of 2) pp. 190-202	21 pages	2 hours	40	4	3	1

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13		Endocrinology, Nephrology/Genitourinary, Cardiology	ACLS Rhythms, ACLS Easy, Shock I, Shock II, Shock III, CHF I Clinic, CHF II Hospital (Part 1 of 2)	Diseases of the Pancreas (Part 2 of 2) pp. 203-206, Renal Failure pp. 269-280, Proteinuria & Hematuria pp. 280-283	20 pages	2.5 hours	40	4	3	1
14		Nephrology/Genitourinary, Cardiology, Hematology/Oncology	CHF II Hospital (Part 2 of 2), Syncope, Secondary Hypertension, Chest Pain, Anemia Approach, Macrocytic Anemia, Microcytic Anemia, Normocytic Anemia	Glomerular Disease pp. 283-287, Tubulointerstitial Diseases pp. 287-289, Renal Cystic Diseases pp. 289-292, Renal Vascular Disease pp. 292-293, Stones & Obstructions pp. 293-298	20 pages	2 hours	40	4	3	1
15		Nephrology/Genitourinary, Hematology/Oncology	Leukemia, Lymphoma, Plasma Cell, Bleeding, Thrombocytopenia, Thrombophilia, Bleeding, Platelets, Cirrhosis IV Hepatocellular Carcinoma	Neoplasms pp. 298-301, Miscellaneous Conditions pp. 302-302, Ch. 8: Fluids, Electrolytes, & Acid-Base Disorders (Part 1 of 2) pp. 303-319	22 pages	2.5 hours	40	4	3	1
16		Nephrology/Genitourinary, Musculoskeletal/Rheumatology, Obstetrics/Gynecology	Cancer Intro, Cervical Cancer, Endometrial Cancer, Ovarian Cancer, Moles, Vaginal/Vulvar Cancer, Pelvic Anatomy, Adnexal Mass, Incontinence, Gyn Infections (Part 1 of 2)	Ch. 8: Fluids, Electrolytes, & Acid-Base Disorders (Part 2 of 2) pp. 320-324, Ch. 6: Connective Tissue & Joint Diseases (Part 1 of 2) pp. 244-259	21 pages	2.5 hours	40	4	3	1
17		Musculoskeletal/Rheumatology, Infectious Disease, Obstetrics/Gynecology	Gyn Infections (Part 2 of 2), Vaginal Bleeding, Vaginal Bleeding 2, Vaginal Bleeding 3, Puberty, Primary Amenorrhea, Secondary Amenorrhea, Infertility, Virilization	Ch. 6: Connective Tissue & Joint Diseases (Part 2 of 2) pp. 260-268, Infections of the Upper & Lower Respiratory Tracts pp. 365-373	18 pages	2 hours	40	4	3	1
18		Infectious Disease, Obstetrics/Gynecology	Menopause, Physiology of Pregnancy, Normal Prenatal Care, Genetic Screening, 3rd Trimester Labs, Advanced Prenatal Evaluation, Medical Disease, Normal Labor, Abnormal Labor, L & D Path (Part 1 of 2)	Infections of the CNS pp. 373-376, Infections of the GI Tract pp. 376-380, Infections of the Genitourinary Tract pp. 380-384, STDs (Part 1 of 2) pp. 384-392	23 pages	2.5 hours	40	4	3	1
19		Infectious Disease, Obstetrics/Gynecology	L & D Path (Part 2 of 2), Eclampsia, Multiple Gestations, Post Partum Hemorrhage, Antenatal Testing, 3rd Trimester Bleeding, Alloimmunization, Prenatal Infections	STDs (Part 2 of 2) pp. 393-395, Wound & Soft Tissue Infections pp. 395-398, Infections of the Bones & Joints pp. 398-400, Zoonoses & Arthropodborne Diseases pp. 401-404, Common Fungal Infections pp. 404-407, Other Fungal Infections pp. 407-407	19 pages	2 hours	40	4	3	1
20		Infectious Disease, Obstetrics/Gynecology, General Surgery	Prenatal Infections 2, OB Operations, Contraception, Preop Evaluation, Postop Fever, Other Postop Issues, Obstructive Jaundice, Esophagus	Common Parasitic Infections pp. 407-407, Fever & Sepsis pp. 408-412, Miscellaneous Infections pp. 412-414, Ch. 11: Diseases of the Skin & Hypersensitivity Disorders (Part 1 of 2) pp. 415-427	22 pages	2 hours	40	4	3	1
21		Dermatology, Pulmonology, General Surgery	Small Bowel, Pancreas, Gallbladder, Colorectal, Abdominal Pain, Leg Ulcers, Breast Cancer, Peds: First Day, Peds Weeks to Months (Part 1 of 2)	Ch. 11: Diseases of the Skin & Hypersensitivity Disorders (Part 2 of 2) pp. 428-435, Obstructive Lung Diseases pp. 68-76, Lung Neoplasms (Part 1 of 2) pp. 77-80	21 pages	2 hours	40	4	3	1
22		Pulmonology, General Surgery	Peds Weeks to Months (Part 2 of 2), Endocrine Diseases, Surgical Hypertension, Peds CT Surgery, CT Surgery, Aorta, Skin Cancer, Shock, Head	Lung Neoplasms (Part 2 of 2) pp. 81-81, Diseases of the Pleura pp. 81-87, Interstitial Lung Disease pp. 87-93, Respiratory Failure (Part 1 of 2) pp. 93-97	20 pages	2 hours	40	4	3	1
23		Pulmonology, Neurology, General Surgery, Ophthalmology	Neck, Chest, Abdomen, Burns, Bites & Stings, Toxic Ingestion, Peds Ophtho, Adult Ophtho	Respiratory Failure (Part 2 of 2) pp. 98-101, Diseases of the Pulmonary Vasculature pp. 101-108, Miscellaneous Topics pp. 108-112, Cerebrovascular Disease (Part 1 of 2) pp. 207-210	21 pages	2 hours	40	4	3	1

**4-WEEK USMLE STEP 2 CK SAMPLE SCHEDULE**

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24		Neurology, Orthopedic Surgery, Neurosurgery, Vascular Surgery, Urology	Ortho Peds, Ortho Hand, Ortho Injuries, Neuro Brain Bleeds, Neuro Tumors, Vascular, Uro Peds, Uro Cancer, Uro Misc	Cerebrovascular Disease (Part 2 of 2) pp. 211-214, Movement Disorders pp. 214-220, Altered Mental Status pp. 220-223, Demyelinating Disease pp. 223-226	19 page	2.5 hours	40	4	3	1
25		Neurology, Pediatrics	Newborn Management, Neonatal ICU, Failure to Pass Meconium, Baby Emesis, Neonatal Jaundice, Congenital Defects, Well Child, Vaccinations (Part 1 of 2)	Neuromuscular Diseases pp. 226-228, Neurocutaneous Syndromes pp. 228-228, Spinal Cord Diseases pp. 229-230, Miscellaneous Conditions pp. 230-243	20 pages	2.5 hours	40	4	3	1
26		Cardiology, Pediatrics	Vaccinations (Part 2 of 2), ALTE BRUE and SIDS, Preventable Trauma, Child Abuse, Peds Infectious Rashes, Peds ID Review, Allergies, Ear Nose Throat, Upper Airway	Ischemic Heart Disease pp. 1-15, Congestive Heart Failure pp. 15-21	22 pages	2 hours	40	4	3	1
27		Cardiology, Pediatrics	Lower Airway, Seizures, GI Bleed, Peds CT Surgery, Orthopedics, Ophthalmology, Urology	Acute Decompensated Heart Failure pp. 21-22, Arrhythmias pp. 22-23, Tachyarrhythmias pp. 23-31, Bradyarrhythmias pp. 31-33, Diseases of the Heart Muscle pp. 33-36	20 pages	2 hours	40	4	3	1
28		Cardiology, Pediatrics, Psychiatry	Sickle Cell Disease, Immunodeficiency, Anxiety Disorders, Impulse Control, OCD and Related Disorders, PTSD, Mood Disorders	Pericardial Disease pp. 36-40, Valvular Heart Disease pp. 40-49, Congenital Heart Disease pp. 49-52, Diseases of the Vasculature (Part 1 of 2) pp. 52-54	22 pages	2 hours	40	4	3	1
29		Cardiology, Hematology/Oncology, Psychiatry	Mood Life & Death, Psychotic Disorders, Eating Disorders, Personality Disorders, Dissociative Disorders, Catatonia, Peds Neurodevelopmental, Peds Behavioral, Psych Pharm I	Diseases of the Vasculature (Part 2 of 2) pp. 55-62, Cardiac Neoplasms pp. 62-63, Shock pp. 63-67, Anemias (Part 1 of 2) pp. 325-330	21 pages	2.5 hours	40	4	3	1
30		Hematology/Oncology, Psychiatry, Preventive Medicine/Epidemiology	Psych Pharm II, Addiction, Addiction II Drugs of Abuse, Sleep Physiology, Sleep Disorders, Gender Dysphoria, Somatic Symptom Disorder, Prevention, Screening	Anemias (Part 2 of 2) pp. 331-338, Platelet Disorders pp. 338-341, Disorders of Coagulation (Part 1 of 2) pp. 341-348	20 pages	2 hours	40	4	3	1
31		Hematology/Oncology, Preventive Medicine/Epidemiology, Miscellaneous	Vaccinations, Diagnostic Tests, Study Design, Bias, Hypothesis Testing, Risk, Confidence Interval, Fever, Approach to Edema, Dysphagia, Weakness, Delirium, IV Fluids	Disorders of Coagulation (Part 2 of 2) pp. 349-349, Anticoagulation pp. 349-354, Plasma Cell Disorders pp. 354-356, Lymphomas pp. 356-359, Leukemias pp. 360-363, Myeloproliferative Disorders pp. 363-364	20 pages	2.5 hours	40	4	3	1